

**Chief Judge: Mike Diggs**  
**Email: mdiggs@jaxenergy.com**

**DEAD LIFT**  
**(Mean Time 2 minutes)**

The purpose of this event is to lift two (2) 25 lb. spools of copper until it touches the roller at the top of the pole. The copper will be sitting on a piece of  $\frac{3}{4}$  inch blue Styrofoam board between two concrete blocks. The rope will come from an eyebolt (which is run through the rolls of copper) up the 40 foot pole through a Sherman Reilly stringing dolly (which is on a standoff (chance cat. # 1SBM18v1) approx. 18 inches to keep the copper from rubbing the pole) to the pole adjacent to it approx. 10 feet away. The end of the line will be hanging on a drive hook on the pole to be climbed, the end of the line will have an anchor shackle in the eye for weight and the drive hook will be 10 feet off the ground.

1. Competitor will start with tools on and outside the 3 foot circle.
2. Time starts with a ready set go from the judge.
3. Competitor will climb to the height they need to be in position to reach the drive hook.
4. Using both hands on the line, the apprentice will lift the spools off the ground until the clevis comes into contact with the top of the roller on the opposite pole.
5. If the apprentice drops the line, he must return to the ground and retrieve the rope.
6. One gaff may be removed from the pole under control (this does not include cut outs).
7. Knees or toes of boots may come in contact with the pole.
8. Line must remain free (cannot be dogged off) or wrapped around hand
9. Fall line must fall to ground not gathered on pole or competitor.
10. Line cannot free fall (load must remain under control at all times).
11. Line has to be removed from drive hook before pulling copper up and returned to drive hook before climbing down pole.
12. Judging will start when participants enter the event and continue until they exit the event.

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